

## JUNE 19-22 Mt. Itasca - Coleraine MN

## Summer is the best time to learn and improve your biathlon skills!

## Register for 1 to 4 days of the camp HERE

Cost: \$200 or \$50 per day. Includes: coaching, venue and chalet use, camping, and meals.

WHAT TO BRING: Rifle, ammunition (~100 rds per day), cleaning supplies. Rollerskis (skate and classic), boots, poles, helmet. Running shoes, short bounding poles. Workout clothing. Hydration belt, water bottles. Camping gear. Swimsuit.

Daily schedule will be available prior to the camp Questions? Concerns? Contact obaird.mnbiathlon@gmail.com minnesotabiathlon.com