

Midwest Regional Race #5 and #6

(Minnesota #6 and #7)

Presented by Minnesota Biathlon

January 29th and 30th, 2022

Woodland Trails Park

[20135 Elk Lake Rd NW, Elk River, MN 55330](https://www.google.com/maps/place/20135+Elk+Lake+Rd+NW,+Elk+River,+MN+55330)

Sprint Race

Saturday, January 29th

All U15 - 5.4km

Women, all other ages - 8.25km

Men, all other ages - 10.05km

Two shooting stages (prone + standing) with penalty loops.

Pursuit Race

Sunday, January 30th

All U15 - 9.0km

All other women, U17M, YM, MM - 9.0km

JM, SM - 11.85km

Four shooting stages, 10s interval start, seeded from previous day's results.

Sunday-only racers will be started last.

Schedule (both days)

9:15am - Registration opens

10:00am - Zero opens

11:00am - Race start

Racers under age 15 - \$15 per race

All others: \$20 per race

Payable by cash or check to "Minnesota Biathlon" on the day of the race.

Register online: <https://forms.gle/Jevxmfko2BLGt6Qh6>

Registration closes at noon, central US time, on Friday, January 28th, 2022

Volunteers needed and appreciated!

Please contact Bill Meyer at wmeyer@nisswa.net for opportunities.

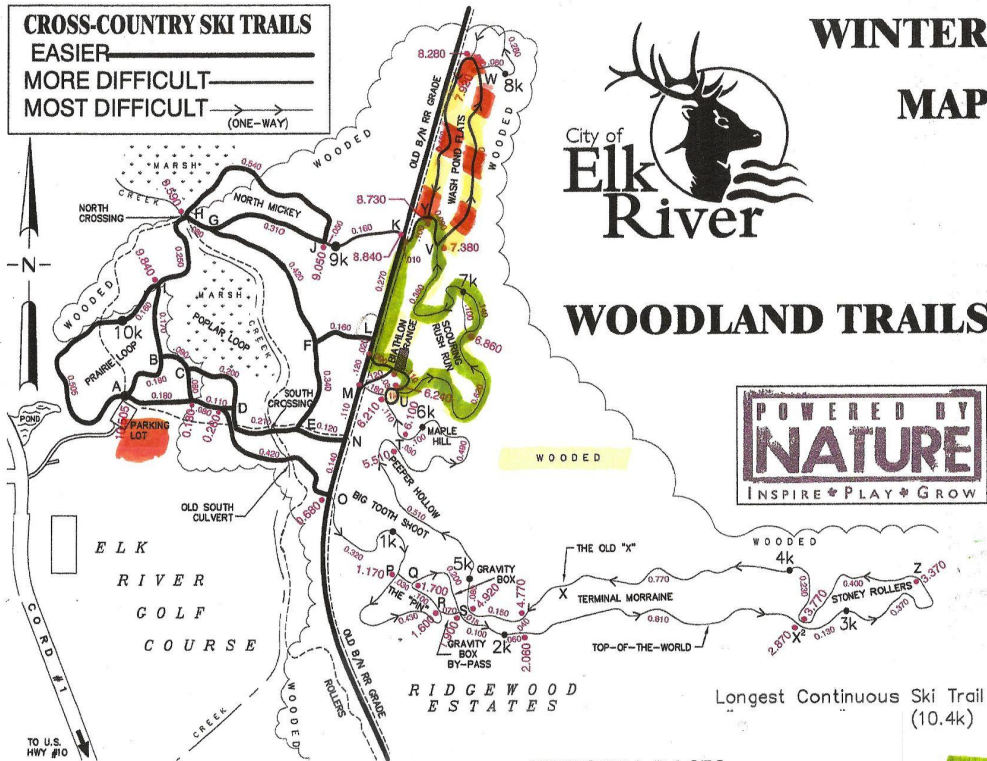
Questions? Concerns? Contact administration@minnesotabiathlon.com

CROSS-COUNTRY SKI TRAILS
 EASIER ———
 MORE DIFFICULT ———
 MOST DIFFICULT ———
 (ONE-WAY)



**WINTER
MAP**

WOODLAND TRAILS



Longest Continuous Ski Trail (10.4k)

REGIONAL RACES
MIDWEST 5 & 6 – 29TH/30TH JAN 2022

- 1.8 km Short
- 2.75 km Long

