



US Biathlon Covid Testing and Procedures for US National Championships 2021

While we are happy to be able to hold the US National Championships in 2021, we must ensure that our community and that of West Yellowstone, MT is as safe as possible. We appreciate your cooperations with the USBA Covid policies and procedures outlined below. Please read through this information and reach out to sara@usbiathlon with any questions.

Overview:

Covid testing will be required within 72 hours of the first competition for ALL competitors and coaches, and a negative result must be submitted by 8pm on Thursday, March 25. This means tests can be performed NO EARLIER than Tuesday, March 23. A pre-event screening questionnaire as well as daily symptom monitoring and reporting will be required, so bringing your own thermometer is recommended. Masks will be required at all times when not actively skiing or shooting.

Steps to Compete:

- Fill out the pre-event Covid screening form by 8pm MT on Wednesday, March 24:
<https://forms.gle/ZixxuFR59JfrTUyh8>
- Get a Covid test (no earlier than Tuesday, March 23) and submit your negative test results by 8pm MT on Thursday, March 25 or before your first race by emailing results to covid@usbiathlon.org
- Fill out a day-of Covid screening form EACH MORNING for official training and race days (March 25-28) if you plan to train or race that day:
<https://forms.gle/KjfBj6Nm2U6G6d3E9>
- Wear a mask at all times while on venue, except when actively moving on skis or shooting.

Covid Testing Options:

- Test in your home community before traveling to West Yellowstone if the timing works. Many local health departments offer free rapid testing. Walgreens and other pharmacys also may offer rapid testing. Check your local health department for more information on testing.
- If coming from/through Idaho or parts of Wyoming, Walgreens in both Idaho Falls and Rexburg have rapid testing available. It is recommended that you have an appointment, which can be made online up to three days in advance.
https://www.walgreens.com/findcare/covid19/testing?ban=covidlp_testing_fy21



- If coming from Bozeman, Bozeman Health offers testing for travel with a 48 hour turn-around. Appointments are available 8:30am-1:30pm. Visit <https://www.bozemanhealth.org/traveltesting/> B2 Urgent Care in Bozeman also offers testing. They can be reached at 406-414-4800
- If coming from Salt Lake City, you can test at several local Walgreens or visit your county health department for more testing options.
- Purchase an at-home test from US Biathlon. See USBA Test info below.
- Remember, if driving, you can test along your route of travel within the 72 hour window as long as you will have results by Thursday evening.
- West Yellowstone is currently only testing individuals with Covid-19 symptoms. Please plan to test before arriving in West Yellowstone or via mail-in tests available from USBA.

USBA Tests:

- Tests are \$90 plus shipping and can be purchased online: <https://usbiathlon.z2systems.com/np/clients/usbiathlon/product.jsp?product=12&>
- You will need to order your test from USBA and allow 5 days for tests to be mailed to you.
- “How to test” info will be included with your test.
- Test on Tuesday, March 23 and drop your test in overnight mail to the lab in Salt Lake.
- Results will be delivered to you by afternoon if tests are received in the morning at the lab.

Vaccinated Individuals:

- Individuals who have completed both shots and can provide documentation that it has been at least 14-days since receiving the final vaccine do not need Covid testing. Please send vaccine documentation to covid@usbiathlon.org by Wednesday, March 24.

Please direct questions related to Covid policies and procedures to Sara Studebaker-Hall at sara@usbiathlon.org. Negative Covid test results can be sent to covid@usbiathlon.org. For all other event-related questions, please contact Marc Sheppard at altiusguns@gmail.com.

Thank you.