



Junior/Youth World Team Trials Minnesota Cup #4,5,6
Dec 28-30, 2012
Mt. Itasca, Coleraine, MN
Sponsored by Mount Itasca Nordic Ski Association

Tentative Event schedule

Wed. Dec. 26	10:00 am - 2:00 pm 10:00 am - 11:30 am	Team Arrival Unofficial Training Registration - Mt. Itasca Biathlon Headquarters
Thu. Dec. 27	10:00 am - 12:00 pm 10:00 am - 11:30 am 5:00 pm	Official Training <i>Registration (Junior/Youth World Team Trials, MN Cup)</i> - Mt. Itasca Biathlon Headquarters Coaches Meeting - Mt. Itasca Biathlon Headquarters Election of Juries, Draws for Sprint Competition
Fri. Dec. 28	9:45 am - 9:55 am 9:30 am - 10:00 am 10:00 am - 10:45 am 11:00 am 1:00 pm	Opening Ceremonies <i>Registration (MN Cup)</i> - Mt. Itasca Biathlon Headquarters Zero Sprint Start Flower Ceremony
Sat. Dec.29	9:30 am – 10:00 am 10:00 am - 10:45 am 11:00 am 1:00 pm 6:00 pm	<i>Registration (MN Cup)</i> Mt. Itasca Biathlon Headquarters Zero Pursuit Competition Flower Ceremony Banquet and Award Ceremony - Sawmill Inn
Sun Dec. 30	8:30 am - 9:00 am 9:00 am - 9:45 am 10:00 am 12:00 pm 3:00 pm	<i>Registration (MN Cup)</i> Mt. Itasca Biathlon Headquarters Zero Sprint Format Flower Ceremony Announcement of the World Team

Category	SPRINT RACE Friday, Dec.28, 2012	PURSUIT FORMAT Saturday, Dec.29, 2012	SPRINT RACE Sunday, Dec.30, 2012
Men, Masters Men Junior /Youth Men	10 K	10 K	7.5 K
Women, Masters Women, Junior/Youth Women	7.5 K	10 K	6 K
Boys /Girls	6 K	7.5 K	6 K

Changes to format will be posted at www.minnesotabiathlon.com

Travel: Grand Rapids/Coleraine area is 180 miles north of the Minneapolis/St. Paul, about 3½ hours of driving time; 75 miles NW of Duluth, and 300 miles S of Winnipeg.

Directions: From downtown Grand Rapids, take Hwy 169 North, traveling east out of Grand Rapids to Coleraine, about 6 miles. When entering Coleraine, turn left at Curly Ave – follow the Ole N. Mangseth Ski Jump signs. Go past the arena, left on Cty Rd 61 for ½ mile. Turn left into the Mt. Itasca driveway – stay left at the Y.

Housing: **Sawmill Inn**
www.sawmillinn.com
2301 S Highway 169
Grand Rapids, MN 55744
(218) 326-8501
(800) 235-6455, (800) 667-7508
Group rates for team accommodations can be made at the **Sawmill Inn**. Limited rooms are available; please refer to “**Biathlon Rate**” when making reservations. To receive guaranteed “**Biathlon Rate**” at the **Sawmill Inn** reservation must be made by December 12th, 2012.

Timberlake Lodge, Hotel, Event Center & Grand Splash Waterpark
www.timberlakelodgehotel.com

144 SE 17th Street, 1 block from Highway 169
Grand Rapids, MN 55744
(218) 326-2600
(866) 800-2200

Group rates for team accommodations can be made at the **Timberlake Lodge Hotel**. Limited rooms are available; please refer to “**Biathlon Rate**” when making reservations. To receive guaranteed “**Biathlon Rate**” at the **Timberlake Lodge Hotel** reservation must be made by December 1st, 2012.

Itasca Motel
www.itasca.com

610 S Highway 169
Grand Rapids, MN 55744
(218) 326-3489
(800) 842-7733

Limited rooms at discount rate are available at the **Itasca Motel**. To receive guaranteed discount biathlon rate, please refer to “**Mt.Itasca Races**” when making reservations.

For more hotel accommodations: contact the **Grand Rapids Convention & Visitors Bureau**, 218-326-9607, 1-800-355-9740 or
<http://www.visitgrandrapids.com/vacations/lodging/motels/index.html>

Entry Fee: **Junior/Youth World Team Trials (12/28-12/30):**
\$110.00 for 3 races (incl. banquet)

MN Cup (12/28-30):
\$60.00 for 3 races, \$20.00 for 1 race

Trail Fee : **Unofficial training \$6.00/day**

Registration: Please complete Competitor Entry Form, with registration fee (U.S. Dollars) and mail to:
Mt. Itasca Nordic Ski Association
825 SW 7 Ave
Grand Rapids, MN 55744

All competitors are required to be USBA members in order to participate in races.

Membership information for USBA is available at www.usbiathlon.org

Registration with check (U.S. Dollars) due by December 27th, 2010

Coaches should also include a team entry form (attached).

For further race information, contact:

Petra Cervenkova, Race Secretary, pcervenkova@hotmail.com 218-999-5046 home, 218-256-8938 cell

Vladimir Cervenka, Chief of Competition, cervenkv@gmail.com , 218-256-8323 cell

Piotr Bednarski, Technical Delegate: MNbiathlon@aol.com, 952/237-0765 cell

Hotel, travel information: www.visitgrandrapids.com 218-326-9607, 1-800-355-9740

MN Biathlon www.minnesotabiathlon.com

U.S. Biathlon Association www.usbiathlon.org

Team Entry Form (for Coaches)
Junior/Youth World Team Trials Minnesota Cup #4, 5, 6

Dec 28-30, 2012

Pre-registration with payment due December 27, 2012

Team: _____ Coach: _____

Address: _____

Phone: _____ Fax: _____ Email: _____

Location where team will be staying: _____

Name (First & Last)	Category	Friday 12/28 (Y or No)	Saturday 12/29 (Y or No)	Sunday 12/30 (Y or No)

Release: In consideration of the acceptance of this Team, I, for myself and all of the above-listed Team Members, my executors, administrators and assigns, do hereby release and discharge Mt. Itasca Nordic Ski Association, Mt. Itasca Ski and Outing Club, MN Biathlon, U.S. Biathlon Association, Mount Itasca biathlon sponsors, City of Coleraine, MN, and any other sponsors or volunteers from all claims or damages, actions whatsoever in any manner growing out of my participations in said athletic events. I further attest that all of the above-listed Team Members have signed similar release forms covering their participation in all Team events, including these competitions. I attest and verify that I have full knowledge of the risks involved in this event and that the Team Members are physically fit and sufficiently trained to participate in this event.

 (Coach's signature) Date _____