

16th Annual Fall Festival Roller Ski Biathlon Races

Sunday, October 28, 2012 - Elk River Biathlon Range

Cost \$20 for experienced, \$20 for novice (20 years+), \$10 for novice under 20 years

Formats NEW this Year! 2 Races in 1 Day for Experienced Category
Novice Race limited to 30 racers.

Sunday, Oct 28th- Race Schedule

Registration	9:30-10:00 am
Zero Experienced Race	10:00-10:45 am
Race Start Experienced Race	11:00 am
Novice Registration	12:00-12:30pm
Novice Instruction	12:15-1:15pm
Novice Race Start	1:15pm
Awards for Novice Race	2:15pm
Zero for Relay Format Race	2:30-3:00pm
Relay Format Start by Waves	3:15pm
Results and Awards	4:15pm

Preregistration is mandatory! - Please submit names and ages by Friday, Oct 26th via email to Lou Chouinard (l_chouinard@visi.com). Please download and fill out forms before arriving.

Race Formats and Distances:

Experienced Racers:

Event 1: 10.5 km Pursuit Format (PPSS) with interval start

Event 2: 5.5 km Relay Format (PS with relay rounds) with wave starts

Novice Racers:

13 and under: 5 km with 4 prone shooting stages

14 and up: 10.5km with 4 prone shooting stages

Contacts: Piotr Bednarski mnbiathlon@aol.com
Lou Chouinard l_chouinard@visi.com

Directions: www.minnesotabiathlon.com/venues/

NOTE: There is a building at the range, but it can get rather cold if you are there for several hours. We recommend you bring plenty of warm clothes. There is a "porta-potty" in the parking lot.

