16th Annual Fall Festival Roller Ski Biathlon Races Sunday, October 28, 2012 - Elk River Biathlon Range

- Cost \$20 for experienced, \$20 for novice (20 years+), \$10 for novice under 20 years
- Formats NEW this Year! 2 Races in 1 Day for Experienced Category Novice Race limited to 30 racers.

Sunday, Oct 28th- Race Schedule

9:30-10:00 am
10:00-10:45 am
11:00 am
12:00-12:30pm
12:15-1:15pm
1:15pm
2:15pm
2:30-3:00pm
3:15pm
4:15pm

<u>Preregistration is mandatory!</u> - Please submit names and ages by Friday, Oct 26th via email to Lou Chouinard (I_chouinard@visi.com). Please download and fill out forms before arriving.

Race Formats and Distances:

Experienced Racers: Event 1: 10.5 km Pursuit Format (PPSS) with interval start Event 2: 5.5 km Relay Format (PS with relay rounds) with wave starts

Novice Racers:

13 and under: 5 km with 4 prone shooting stages 14 and up: 10.5km with 4 prone shooting stages

Contacts:	Piotr Bednarski	mnbiathlon@aol.com
	Lou Chouinard	L chouinard@visi.com

Directions: www.minnesotabiathlon.com/venues/

NOTE: There is a building at the range, but it can get rather cold if you are there for several hours. We recommend you bring plenty of warm clothes. There is a "porta-potty" in the parking lot.

2012 Fall Festival Roller Ski Biathlon Race

Race Registration Form:

Name		_ Age	Birthdate
Category (circle)	Male	Female	Novice
	Senior (21-29)	Junior (19-20)	Youth (17-18)
	Master (30+)	Boy(16 and under)	Girl(16 and under)
Address		City	State, Zip
Phone	E-mail		(for results!!)

\$20 race fee for Experienced, and for Novice Age 20+ \$10 race fee for Novice Under 20

Make checks payable to Minnesota Biathlon

WAIVER AND RELEASE OF LIABILITY

Identification of Risk. I, ______, know biathlon competition, involves risks of serious injury, including permanent disability and death. I understand that these injuries might result not only from my actions, but the actions, inactions, or negligence of others.

Assumption of Risk. I agree that I am responsible for my safety while participating in this biathlon competition. I assume all risks, both known and unknown, connected with my participation.

Waiver. Being aware of the risks and willing to assume them, I waive, release, and hold Minnesota Biathlon, Boy Scouts of American, City of Elk River, Sherburne County, and their affiliate clubs, directors, officers, employees, coaches, sponsors, advertisers, and owners/lessors of used premises from all claims for liability, injury, loss, or damage connected with my participation in this biathlon competition. I intend for this waiver and release to also apply to my relatives, personal representatives, heirs, beneficiaries, next of kin, and assigns.

Insurance. I currently have, and agree to maintain throughout the time I participate, sufficient medical and accident insurance. I understand that this is my responsibility and release any one else from providing it for me.

I have read this agreement carefully, understand that I give up substantial rights by signing it, and sign it voluntarily.

Date_____ Participant's signature For participants under age 18: I consent to the above person's participation in this biathlon competition. I acknowledge that I assume all risks, known and unknown, and waive all claims in advance.

Parent/guardian's signature

_Date____