

# **15<sup>th</sup> Annual Fall Festival Roller Ski Biathlon Races October 29 and 30, 2011 - Elk River Biathlon Range**

**Cost**                                 \$20 for two days of racing or \$15 for one day.

**Formats**                            Individual Format race on Saturday (15.2km/12.2km)  
  Mass Start (wave start) race on Sunday (12.2km/9.8km)

**Preregistration is mandatory!** - Please submit names and ages by Thursday, Oct 27th via email to Lou Chouinard ([l\\_chouinard@visi.com](mailto:l_chouinard@visi.com)). Forms and payment can be submitted on Saturday.

**Novice Race:**                    Saturday only. Cost is \$20. 7.3 km with Penalty Loops  
All novices should arrive by 12pm on Saturday and **MUST** preregister (name, age) with Lou Chouinard, [l\\_chouinard@visi.com](mailto:l_chouinard@visi.com), via email. Novice instruction will begin at approximately 12pm. Novice racers must have their own roller skis (note, this is a roller ski only event). Rifles, ammunition, and instruction will be provided.

## **Housing information:**

AmericInn in Elk River: <http://www.americinn.com/hotels/MN/ElkRiver>

**Contacts:**   Piotr Bednarski         [mnbiathlon@aol.com](mailto:mnbiathlon@aol.com)  
                  Lou Chouinard            [l\\_chouinard@visi.com](mailto:l_chouinard@visi.com)

**Directions:** [www.minnesotabiathlon.com/venues/](http://www.minnesotabiathlon.com/venues/)

**NOTE:** There is a building at the range, but it can get rather cold if you are there for several hours. We recommend you bring plenty of warm clothes. There is a "porta-potty" in the parking lot.

## **Saturday, Oct 29th- Individual Format (PSPS, time penalty)**

Registration	9:30-10:30 am
Zero	10:00-10:45 am
Race Start	11:00 am
Novice Instruction	12:00 pm
Novice Race Start	12:45 am, or sooner

## **Sunday, Oct 30th- Mass Start Format (PPSS, penalty loops)**

Registration	8:30 - 9:00am
Zero	9:00 - 9:45am
Race Start	10:00am
Awards	11:15 (approximately)

