



Minnesota Cup: Biathlon Race & Novice Race

Hosted by Mt.Itasca Nordic Ski Association

Date: **Saturday, March 8, 2014**

Place: **Mt.Itasca, Coleraine**

Race Format: **Mass Start (PPSS)**

Distance: **B, G, YW: 7.5km,**

YM, JW: 10km;

JM, SM, SW, MM: 12.5km;

Registration: **9:00 AM – 9:55 AM**

Zero: **10:00 AM – 10:45 AM**

Race Start: **11:00 AM Mass Start**

Cost: **\$20 (cash or check payable to MINSA)**

Novice Race (recommended age: 13+)

~ (Instruction, Rifles, and Ammo provided)

~ will follow the main race.

~ Safety Clinic prior to the Race

~ Race Format: Mass Start – 4.5k (3x1.5k), PP + penalty loop

~ Cost: \$20 (cash or check payable to MINSA)

Volunteers (biathlon and cross-country races in Dec. 2013 and Jan. 2014) are welcome to try out biathlon rifle at zero/safety clinic--approx. at noon.

Awards for Biathlon & Novice Race--after completion of both races.

Questions? For more info call **Vlad** or **Petra 218-999-5046** or e-mail

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