

Elk River Biathlon Race

Hosted by Twin Cities Biathlon

- Sunday, March 3, 2013
- Elk River Biathlon Range at Woodland Trails
 - Directions <http://www.minnesotabiathlon.com/venues/>

EXPERIENCED RACERS

- 12K Wave Start (5 X 2.3K – PPSS)
- Registration – 9:30
- Zero – 10:00 – 10:45
- Experienced Race Start – 11:00

NOVICE RACERS - Try Biathlon - No Experience Necessary!

- Instruction, Rifles, and Ammo provided
- Two Categories –
 - Short Course (14 and under)
 - Long Course (15 and up)
- Short Course – 2.5K (3 x 0.8K) – limited to 30 racers.
 - Registration 11:45
 - Instruction Clinic – 12:15
 - Race Start 1:00
- Long Course – 7K (3 x 2.3K) – limited to 30 racers.
 - Registration 1:15
 - Instruction Clinic – 1:45
 - Race Start 2:15
- Cost \$20 – Experienced and Novice under 21
\$30 - Novice - 21 +
Checks to Minnesota Biathlon
- NOVICES MUST PREREGISTER by e-mailing your name and age to Lou at l_chouinard@visi.com
 - There is an underscore between the l and the c “l_chou....”

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March 3, 2013

Name _____ Age _____ Male/Female _____

Category (circle one): Senior Junior Youth
 Master Senior Master Veteran
 Short Course Novice Long Course Novice

Address _____ City / State _____ Zip _____

Phone _____ E-mail _____

\$20 - Experienced and Novice under 21
\$30 - Novice – 21 +

Make checks payable to Minnesota Biathlon

WAIVER AND RELEASE OF LIABILITY

Identification of Risk. I, _____, know biathlon competition / training involves risks of serious injury, including permanent disability and death. I understand that these injuries might result not only from my actions, but the actions, inactions, or negligence of others.

Assumption of Risk. I agree that I am responsible for my safety while participating in this biathlon competition / training. I assume all risks, both known and unknown, connected with my participation.

Waiver. Being aware of the risks and willing to assume them, I waive, release, and hold Minnesota Biathlon, Twin Cities Biathlon, City of Elk River, Sherburne County, and U.S.B.A., and their affiliate clubs, directors, officers, employees, coaches, sponsors, advertisers, and owners/lessors of used premises from all claims for liability, injury, loss, or damage connected with my participation in this biathlon competition / training. I intend for this waiver and release to also apply to my relatives, personal representatives, heir beneficiaries, next of kin, and assigns.

Insurance. I currently have, and agree to maintain throughout the time I participate, sufficient medical and accident insurance. I understand that this is my responsibility and release any one else from providing it for me.

I have read this agreement carefully, understand that I give up substantial rights by signing it, and sign it voluntarily.

 Participant's signature Date _____

For participants under age 18:
 I consent to the above person's participation in this biathlon competition. I acknowledge that I assume all risks, known and unknown and waive all claims in advance.

 Parent/guardian's signature Date _____