

## **15<sup>th</sup> Annual Fall Festival Roller Ski Biathlon Races October 29 and 30, 2011 - Elk River Biathlon Range**

**Cost** \$20 for two days of racing or \$15 for one day.

**Formats** Individual Format race on Saturday (15.2km/12.2km)  
Mass Start (wave start) race on Sunday (12.2km/9.8km)

**Preregistration is mandatory!** - Please submit names and ages by Thursday, Oct 27th via email to Lou Chouinard ([l\\_chouinard@visi.com](mailto:l_chouinard@visi.com)). Forms and payment can be submitted on Saturday.

**Novice Race:** Saturday only. Cost is \$20. 7.3 km with Penalty Loops All novices should arrive by 12pm on Saturday and **MUST** preregister (name, age) with Lou Chouinard, [l\\_chouinard@visi.com](mailto:l_chouinard@visi.com), via email. Novice instruction will begin at approximately 12pm. Novice racers must have their own roller skis (note, this is a roller ski only event). Rifles, ammunition, and instruction will be provided.

### **Housing information:**

AmericInn in Elk River: <http://www.americinn.com/hotels/MN/ElkRiver>

**Contacts:** Piotr Bednarski [mnbiathlon@aol.com](mailto:mnbiathlon@aol.com)  
Lou Chouinard [l\\_chouinard@visi.com](mailto:l_chouinard@visi.com)

**Directions:** [www.mnnesotabiathlon.com/venues/](http://www.mnnesotabiathlon.com/venues/)

**NOTE:** There is a building at the range, but it can get rather cold if you are there for several hours. We recommend you bring plenty of warm clothes. There is a "porta-potty" in the parking lot.

### **Saturday, Oct 29th- Individual Format (PSPS, time penalty)**

Registration	9:30-10:30 am
Zero	10:00-10:45 am
Race Start	11:00 am
Novice Instruction	12:00 pm
Novice Race Start	12:45 am, or sooner

### **Sunday, Oct 30th- Mass Start Format (PPSS, penalty loops)**

Registration	8:30 - 9:00am
Zero	9:00 - 9:45am
Race Start	10:00am
Awards	11:15 (approximately)

# 2011 Fall Festival Roller Ski Biathlon Race

## Race Registration Form:

Name \_\_\_\_\_ Age \_\_\_\_\_ Birthdate \_\_\_\_\_

Category (circle)	Male	Female	Novice
	Senior (21-29)	Junior (19-20)	Youth (17-18)
	Master (30+)	Boy(16 and under)	Girl(16 and under)

Address \_\_\_\_\_ City \_\_\_\_\_ State, Zip \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_ (for results!!)

**\$15 race fee for one race - \$20 for two races and novices**

**Make checks payable to Minnesota Biathlon**

### WAIVER AND RELEASE OF LIABILITY

**Identification of Risk.** I, \_\_\_\_\_, know biathlon competition, involves risks of serious injury, including permanent disability and death. I understand that these injuries might result not only from my actions, but the actions, inactions, or negligence of others.

**Assumption of Risk.** I agree that I am responsible for my safety while participating in this biathlon competition. I assume all risks, both known and unknown, connected with my participation.

**Waiver.** Being aware of the risks and willing to assume them, I waive, release, and hold Minnesota Biathlon , Boy Scouts of American, City of Elk River, Sherburne County, and their affiliate clubs, directors, officers, employees, coaches, sponsors, advertisers, and owners/lessors of used premises from all claims for liability, injury, loss, or damage connected with my participation in this biathlon competition. I intend for this waiver and release to also apply to my relatives, personal representatives, heirs, beneficiaries, next of kin, and assigns.

**Insurance.** I currently have, and agree to maintain throughout the time I participate, sufficient medical and accident insurance. I understand that this is my responsibility and release any one else from providing it for me.

**I have read this agreement carefully, understand that I give up substantial rights by signing it, and sign it voluntarily.**

Participant's signature \_\_\_\_\_ Date \_\_\_\_\_

**For participants under age 18:**

I consent to the above person's participation in this biathlon competition. I acknowledge that I assume all risks, known and unknown, and waive all claims in advance.

Parent/guardian's signature \_\_\_\_\_ Date \_\_\_\_\_