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Cordially Invite you to the

**2011 NORTH AMERICAN BIATHLON CHAMPIONSHIP AND
CALLAGHAN VALLEY OPEN**

March 31- April 3 2011

Whistler Olympic Park, British Columbia, Canada





A MESSAGE OF WELCOME FROM THE ORGANIZING COMMITTEE

Dear Biathlon Friends,

The Callaghan Winter Sports Club is pleased to invite you to participate in the 2011 North American Biathlon Championship and Callaghan Valley Open at Whistler Olympic Park from March 31- April 3, 2011.

Our objective is to organize an event for the strongest athletes from across Canada and the United States, and to ensure that when these athletes return home they do so with the conviction of having participated in a well organized and fair Championship.

Our many volunteers have worked hard at planning Nordic events at Whistler Olympic Park this season. Many developed their knowledge and expertise volunteering at events prior to and during the 2010 Olympic Games.

Squamish, The Outdoor Recreation Capital of Canada, is your host community for this year's competition. We encourage you to take the time to explore our region and discover all it has to offer.

We look forward to seeing you in Squamish.

Sincerely,

The Organizing Committee



District of Squamish
37955 Second Avenue,
P.O. Box 310, Squamish BC V8B 0A3
Tel. 604-815-5030 Toll Free 1-877-892-5217
Fax: 604-815-5032 www.squamish.ca

January 27, 2011

Dear Athletes,

Welcome to Squamish, the Outdoor Recreation Capital of Canada! Squamish and its residents are honored to be the host community for the 2011 North American Biathlon Championship.

Since the development of the Callaghan Valley and the Whistler Olympic Park, Squamish continues to grow as a Nordic sport centre.

We are proud and excited to be able to host such an important event and the top Canadian and American athletes participating in it. Sacrifice, passion and commitment have led you all here, so on behalf of the District of Squamish, we wish you success at all of the Nordic Events.

We hope that as the community of Squamish enjoys the events to come that you and your families will have the opportunity to enjoy everything that our community has to offer. Take a stroll down Cleveland Avenue to shop, taste and experience the myriad of goods our local businesses have to offer or explore the natural playground that surrounds us! Whatever you decide to do you will not be disappointed.

Thank you for visiting Squamish and please enjoy your stay.

Yours truly,

A handwritten signature in black ink that reads "Greg Gardner".

Greg Gardner
Mayor

A. General Information

A.1 Competition Venue Whistler Olympic Park was the Nordic site for the 2010 Olympic Winter Games. It is located 40 km north of Squamish on Highway 99, then 12 km west on Callaghan Valley Access Road.

Maps: <http://www.whistlerolympicpark.com/venue/getthere/tabid/139/language/en-CA/default.aspx>

The Biathlon stadium is at 870 metres elevation and has 30 electronic targets. At the time of the event, the average daytime temperatures are expected to vary between -10 to +5 C with approximately two meters of snow on the ground. Trail maps and stadium diagrams are available at

http://www.callaghanwintersportsclub.com/index.php?option=com_content&view=article&id=113:north-american-biathlon-championship&catid=45:events&Itemid=68

A.2 Contact Information Organizing Committee

Organizing Committee Chairperson

Dwayne Kress d.kress@telus.net 604-802-6877

Logistical Coordinator

Gillian Fisher gfisher@telus.net 604-340-2457

Competition Secretary

Gerd Moore moore.gerd@gmail.com **Ph:** 604 898-9219
Fax: 604-909-5205

The Competition Office will be open 0800 -1600 Wednesday March 30 - Sunday April 3, 2011. It will be located in the Biathlon building at Whistler Olympic Park.

Chief of Competition	Max Saenger
Deputy Chief of Competition	Khai Lee
Chief of Range	Kevin Haberl
Chief of Timing	Tony Tsang
Chief of Course	TBD
Chief of Stadium	Chris Bishop
Volunteer Coordinator	Rob Burpee

Biathlon Canada Technical Appointments

Technical Delegate	Bruno St-Onge
International Referees	Range: Paul Collard
	Material Control/Start Finish: Carol Henley
	Course: Veli Niinimaa

A.3 Rules

The current 2010 IBU Event and Competition Rules will be in effect for the event, except as specifically modified by the Biathlon Canada Hosting Policy.

A.4 Eligibility to Participate

If correctly registered and entered by their Canadian Division or USBA Region any member of USBA or Biathlon Canada in good standing may participate in the NACH if they have a valid USBA or Biathlon Canada Competitor membership card. The competitors must be prepared to show their membership card for the current year at the competition office. Athletes not registered and entered by their Canadian Division or USBA Region may participate in the NACH but are not eligible for medals.

Competitors in the Callaghan Valley Open should have a valid USBA or Biathlon Canada Competitor Membership Card. Competitors who do not have a valid membership number or who cannot produce their Biathlon Canada or equivalent membership number at registration will be required to purchase a \$5 day membership for each competition. Please print and sign the Day Membership form from the link below and fax or email it to the Competition Secretary by March 17, 2011. **All competitors under 19 that require a day membership must have their form signed by a Parent or Guardian.**

http://www.callaghanwintersportsclub.com/images/files/day_membership_biathlon.pdf

A.5 Citizenship and Residency:

A competitor must be a Canadian or USA citizen or a landed immigrant in Canada or a USA Green Card holder in order to be eligible to be a medalist at a NACH. However, non-USA/Canadian persons may participate if they are members of a Biathlon Canada Division or USBA. Additionally, a competitor may represent only one nation or Region/Division in any one competition season.

A.6 Liability/Insurance

The divisions/regions registering competitors shall be responsible for adequate insurance of participants. All participants must be appropriately insured against injuries, illness or possible damage of material. Neither the Organizing Committee, Callaghan Winter Sports Club nor Whistler Olympic Park shall be liable for personal and material damage.

All competitors must print and sign the Waiver of Claims, Assumption of Risks and Release of Liability Agreement from the link below and fax or email it to the Competition Secretary by March 17, 2011.

http://www.callaghanwintersportsclub.com/images/files/cwsc_waiver.pdf

All competitors under 19 must have their form signed by their Parent or Guardian.

A.7 Rifle Import Regulations

When bringing a firearm into Canada you must fill out the form listed below in triplicate and present it unsigned to the customs agent. One person may bring more than one firearm into the country and still only pay a one-time fee for a year. A Team coach may fill out one form for the entire team if traveling together.

<http://www.rcmp-grc.gc.ca/cfp-pcaf/form-formulaire/num-nom/909-eng.htm>

A.8 VISA Regulations

Passports are needed at all border crossings. Athletes under the age of 18 must carry a permission letter from their parents to cross the border and to travel with coaches.

A.9 Unofficial Training

For information please contact John Heilig at Whistler Olympic Park.

Mobile: 604-966-4258

E-mail: JHeilig@whistlersportlegacies.com

B. Competition Information

B.1 Entry Fees

Activity	All Categories
Three Competitions	CAD 100
Two Competitions	CAD 60
One Competition	CAD 35
Banquet Ticket(s)	CAD 25

B.2 Deadlines

Entry by Number: athletes and support personnel, including extra banquet tickets (submitted to Competition Secretary by email)	March 1, 2011
Entry by Name / Category (online)	March 15, 2011
Waiver of Liability and Day Membership Application (submitted to Competition Secretary by fax or email)	March 17, 2011
Verification of Entries	March 30, 2011 at Team Captains' Meeting

Entry fee includes trail access fees on official training day and competition days for all registered athletes.

B.3 Registration

Registration will be accepted **ONLY** on-line through the website.

<https://www.zone4.ca/register.asp?id=1651&lan=1&cartlevel=0>

Payment **must** be made using a credit card (Visa or Master Card).

On-line registration will close on Tuesday March 15, 2011 at 23:59 PST.

No registration will be taken on site.

Verification of entries will take place **March 30, 2011** at the Team Captains' Meeting.

B.4 Cancellation Policy

If an athlete withdraws **before** the registration deadline of Tuesday March 15, 2011, a \$10 processing fee will apply before a refund is sent. No refund will be given after the registration deadline.

B. 5 Classes of Competitors and Types of Competitions

The following competitions will be held:

Sprint – Friday April 1, 2011

Pursuit – Saturday April 2, 2011

Mass Start – Sunday April 3, 2011

NACH RECOGNIZES THE FOLLOWING CLASSES:

Men, Women, Junior Men, Junior Women, Youth Men and Youth Women

CALLAGHAN VALLEY OPEN INCLUDES THESE CLASSES:

Masters Men, Masters Women, Men, Women, Junior Men, Junior Women, Youth Men, Youth Women, Senior Boys, Senior Girls, Junior Boys, Junior Girls, Juvenile and Midget

Class	Age	Sprint Friday, April 1, 2011	Pursuit Saturday, April 2, 2011	Mass Start Sunday, April 3, 2011
Masters Men	31+	6 km PS	7.5 km PPSS	10 km PPSS
Masters Women	31+	6 km PS	7.5 km PPSS	7.5 km PPSS
Men	21+	10 km PS	12.5 km PPSS	15 km PPSS
Women	21+	7.5 km PS	10 km PPSS	12.5 km PPSS
Junior Men	19-20	10 km PS	12.5 km PPSS	12.5 km PPSS
Junior Women	19-20	7.5 km PS	10 km PPSS	10 km PPSS
Youth Men	17-18	7.5 km PS	10 km PPSS	10 km PPSS

Youth Women	17-18	6 km PS	7.5 km PPSS	7.5 km PPSS
Senior Boys	15-16	6 km PS	7.5 km PPSS	7.5km PPSS
Senior Girls	15-16	6km PS	7.5 km PPSS	7.5 km PPSS
Junior Boys	13-14	4.5 km PP	6 km PPP	6 km PPP
Junior Girls	13-14	4.5 km PP	6 km PPP	6 km PPP
Juveniles	11-12	2.1km PP	3.6 km PPP	3.6 km PPP
Midget	<10	2.1 km PP	2.8 km PPP	2.8 km PPP

B.6 Awards

Medals will be awarded if there are four or more competitors entered in a class.

B.7 Event Program

Date	Time	Event
Wednesday March 30, 2011	0800-1600 1900	Arrivals Competition Office Open Team Captains' Meeting (Information and Jury Elections)- Quest University Library, 3rd floor
Thursday March 31, 2011	0800-1600 0900 – 1145 1215 - 1500 1800	Competition Office Open Official Training – NACH classes Official Training – Callaghan Valley Open Classes Team Captains' Meeting, Sprint Draw - Quest University Library, 3rd floor
Friday April 1, 2011	0900-0945 0950 1000 1200-1245 1300	Zeroing - NACH classes Opening Ceremonies Start Sprint Competition - NACH classes Zeroing - Callaghan Valley Open Classes Start Sprint Competition - Callaghan Valley Open Classes Flower Ceremony to follow last competition in the stadium
Saturday April 2, 2011	0900-0945 1000 1130-1215 1230 1830	Zeroing - NACH Classes Start Pursuit Competition - NACH Classes Zeroing - Callaghan Valley Open Classes Start Pursuit Competition - Callaghan Valley Open Classes Flower Ceremony to follow last competition in the stadium Banquet and Award Ceremony – Quest University Dining Hall

Sunday April 3, 2011	0900-0945 1000 1130-1215 1230	Zeroing NACH Classes Mass Start NACH Classes Zeroing Callaghan Valley Open Classes Mass Start Callaghan Valley Open Classes Medal Ceremony to follow last competition in the stadium Times may change depending on the number of competitors
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B.8 Team Captains' Meetings

Will take place on the third floor of Quest University Library in Squamish. Maps and directions can be found at http://www.questu.ca/about_quest/campus_and_location/index.php

C. Logistical Information

C.1 Waxing Rooms

Waxing rooms will be allocated based on the number of competitors per team and the availability of rooms. Keys may be picked-up at the Competition Office with a \$50.00 deposit. All keys will be returned to the Competition Office before 4:00 pm on Sunday, April 3, 2011. No additional fee will be required for the use of the waxing rooms. Waxing rooms must be left clean before departure.

C.2 Rifle Storage

Rifle storage will be in the team accommodation and is the responsibility of the team.

C.3 Lodging

Teams are responsible for arranging their own accommodation during the event.

We recommend teams stay at **Quest University** in Squamish where 2 and 3 bedroom condos can be rented. They are a variety of units available for between \$100/sleeps 4 and \$280/sleeps 8 per night.

See Appendix A for information about Quest University and hotels in Squamish.

C.4 Restaurants and Meals

Teams are responsible for arranging their own meals during the event. See Appendix B for a list of grocery stores and restaurants in Squamish.

C.5 Travel and On-Site Transportation Information

Teams are responsible for organizing their travel to Squamish and Whistler Olympic Park and for transportation during the event.

Travel

Squamish is the host community for the event.

The nearest airport is Vancouver International (YVR) – 60 km

Onsite Transportation

It is recommended that teams drive from their home locations or rent vehicles from the Vancouver airport. Limited vehicle rental is available in Squamish.

Driving directions from YVR are available at

<http://www.yvr.ca/en/getting-to-from-yvr/driving-directions.aspx>

Vehicle Rental at YVR

<http://www.yvr.ca/en/getting-to-from-yvr/car-rentals.aspx>

Rental vehicles in Squamish

Budget 1-800-314-5885

C.6 Banquet and Award Ceremony Information

The Banquet and Award Ceremony will take place at 630pm on April 2, 2011 in the Dining Hall at Quest University. Medals from the Sprint and Pursuit Competitions will be given out. Plaques will be awarded to the overall winners of the North American Cup series in all IBU classes. Tickets can be purchased online for CAD 25 at the time of registration. Extra banquet tickets may be purchased as well. Vouchers for paid tickets can be picked up at the first Team Captains' Meeting March 30, 2011 or in the Competition Office. Beer and wine will be available for purchase for guests over 19 years old.

C.7 Map of Squamish

A useful map of Squamish with hotel, restaurant, grocery store and sporting good stores can be downloaded and printed from

http://www.callaghanwintersportsclub.com/images/files/squamish_map.pdf

C.8 Information

Invitation, maps, and required forms can all be accessed through the Callaghan Winter Sports Club Website.

www.callaghanwintersportsclub.com

Appendix A Accommodation Listing – Squamish

Quest University - There are 2 and 3 bedroom condominiums available for rent. The campus has a cafeteria for dining and a library which can be used for studying. There is a coffee shop, deli and ATM in the Library Building. The Team Captains' Meetings and Banquet will be at Quest.

Maps, directions and photos of the residences are available at <http://www.questu.ca/>

There are 2 buildings which are separated by a distance of 2 city blocks.

Quest University Units	Cost	Total Beds available
North Village Each unit has a bar fridge and microwave 2 bedroom, 4 bed unit 2 bedroom, 3 bed unit One Unit has a full kitchen, 2 bedroom, 4 bed unit All units have wireless and come with bed linens and towels	\$100/condo/night. Sleeps 4 \$75/condo/night. Sleeps 3 \$140/condo/night. Sleeps 4	67
Swift Creek All units have full kitchens (fridge, dishwasher, microwave, range) 3 bedroom, 6 bed units with 2.5 bath 4 bedroom, 8 bed units with 4.5 bath 2 bedroom, 3 bed units with 1.5 bath All units have wireless, have laundry facilities and come with bed linen and towels.	\$210/condo/night. Sleeps 6 \$280/condo/night. Sleeps 8 \$120/condo/night. Sleeps 3	59

Please Note: These units do not have cooking or eating utensils so teams will have to provide their own. Meals are also available in the Cafeteria which is open until 730 pm.

For more information and booking please contact Kathy Bennett. **Please book prior to March 1, 2011 to ensure availability. After March 1** Kathy will be out of the country and checking her emails **weekly** so response time may be delayed. Kathy.Bennett@questu.ca

Hotels in Squamish

Name	Details	Contact Information
Holiday Inn Express and Suites 39400 Discovery Way	2 Queen beds plus sofa couch \$115 plus tax including hot and cold breakfast buffet. Price based on double occupancy. Additional adults \$10. Additional children (under17) Free. Standard 2 Queen bed room \$95 plus tax including breakfast. No units with kitchens. Free Wireless, laundry facilities on site	reservations@hiexpress.com Attention Kyle 1-877-848-6002 www.hiexpress.com Quote NAB when booking
Squamish Inn on the Water 38220 Hwy 99	6, 4 and 3 bed dorm rooms. \$33.63 per bed. Family Suite – 2 queen and a double \$159.59 Private Suites – 2 doubles \$102.59 Rates will be discounted based on beds/nights booked. Common Kitchen and dining facilities. Free Wireless	hello@innonthewater.com 1-800-449-8614 www.innonthewater.com
August Jack Motor Inn 37947 Cleveland Ave	Rooms with 2 double beds and a kitchen \$80 plus tax. Rates will be discounted based on number of rooms booked. Free wireless, laundry on site.	bookings@augustjack.com 1-888-892-3502 www.augustjack.com
Sea to Sky Hotel 40330 Tantalus Way	Standard 2 Queen room \$99 plus tax. Free Internet.	1-800-531-1530 www.seatoskyhotel.com

Appendix B

Restaurants, Cafés and Grocery Stores - Squamish

Restaurants

Boston Pizza – Open Late/Delivery
40167 Glenalder Place

Burrow – Tapas Lounge
11-40437 Tantalus Rd

Essence of India – Authentic Indian
40367 Tantalus Way

The Nest Restaurant – Great Pizza
41340 Government Rd

Howe Sound Inn & Brewing – Locals Favourite
37801 Cleveland Ave

Parkside Restaurant – Quaint
36996 Cleveland Ave

Pepe & Gringos – Lots of Variety
40359 Tantalus Way

Red Bench Café – Funky Bistro
41703 Government Rd

Shady Tree Pub – Sports Bar
40456 Government Rd

Sushi Sen – Great Take Out
40382 Tantalus Way

Watershed Grill – Burgers & Appy's
41101 Government Rd

White Spot
410-1200 Hunter Place

Wigan Pier – Fish & Chips – World Famous
40330 Tantalus Way

Timberwolf Restaurant – Great Breakfast all day
38922 Progress Way (In Best Western Hotel)

Yiannis Tavern – Greek food
38043 Cleveland Ave

Cafés & Lunch Spots

Brackendale Art Gallery & Tea House
41950 Government Rd

Bean around the World
41340 Government Rd

Naked Lunch Cafe
1307 Pemberton Ave (Chieftain Mall)

Onatah Coffee
6-40437 Tantalus Road

Pause Café – Great lunch spot
Squamish Adventure Centre – 38551 Loggers Lane

Sunflower Bakery
38086 Cleveland Ave

Gelato Carina - Gelato, soups & Panini's
38078 Cleveland Ave

Starbuck's
1. 510-1200 Hunter Place – Squamish Station Mall
2. #105 - 40147 Glenalder Place – Garibaldi Village

Zephr Café -
38084 Cleveland Ave

Grocery stores

Extra Foods
1900 Garibaldi Way
8:00 am – 9:00 pm daily

Nesters
1200 Hunter Place – Squamish Station Mall
Mon-Sat: 8am-9pm Sun: 9am-9pm

Save On Foods
1301 Pemberton Ave - in the Chieftain Mall
8:00 am – 9:00 pm Daily

Sports Equipment, Repairs & Clothing

Escape Route
40222 Glenalder Place

The Nordic Shop
103 40446 Government Rd

Valhalla Pure Outfitters
805-1200 Hunter Place Rd (Squamish Station Mall)