

Central Regional 2011 Championship

Sprint Competition - 1/14/2011

Senior Mens 10K

Place	Bib	First Name	Last Name	Sex	Class	ST	Total Time	Time Back	Pace	P	S	T	% EFF
1	6	Blake	Hillerson	M	SM	ND	0:33:06.4	0:00:00.0	3:18.6	1	0	1	103.41%
2	8	Karl	Granroth	M	SM	AZ	0:34:17.7	0:01:11.2	3:25.8	2	4	6	99.94%
3	14	Paul	Peterson	M	SM	MN	0:35:25.4	0:02:19.0	3:32.5	3	3	6	96.65%
4	25	Eric	Nordgren	M	SM	ND	0:36:06.7	0:03:00.3	3:36.7	1	2	3	94.64%
5	16	Frank	Gangi	M	SM	MN	0:36:19.5	0:03:13.1	3:38.0	1	3	4	94.02%
6	23	Grant	Webber	M	SM	MN	0:36:35.1	0:03:28.7	3:39.5	2	1	3	93.26%
7	1	Ion	Senchea	M	SM	CIV	0:37:11.5	0:04:05.1	3:43.1	1	2	3	91.49%
8	9	Brian	Wray	M	SM	CIV	0:37:30.5	0:04:24.1	3:45.1	1	4	5	90.57%
9	26	Dan	Morken	M	SM	UT	0:38:40.4	0:05:34.0	3:52.0	1	1	2	87.17%
10	32	Will	Stoltz	M	SM	MN	0:39:24.4	0:06:17.9	3:56.4	4	4	8	85.03%
11	7	Mike	Zeigle	M	SM	WI	0:39:25.0	0:06:18.5	3:56.5	2	3	5	85.00%
12	15	Marc	Claas	M	SM	CIV	0:40:45.2	0:07:38.8	4:04.5	3	5	8	81.10%
13	12	Kent	Pulst	M	SM	ND	0:40:51.3	0:07:44.8	4:05.1	1	2	3	80.80%
14	11	Alex	Zeigle	M	SM	CIV	0:40:51.9	0:07:45.5	4:05.2	2	3	5	80.77%
15	4	Greg	Wohlfeil	M	SM	MN	0:41:02.2	0:07:55.8	4:06.2	2	2	4	80.27%
16	31	Mike	Conway	M	SM	CIV	0:42:08.2	0:09:01.8	4:12.8	2	1	3	77.06%
17	13	Lou	Chouinard	M	SM	CIV	0:42:50.4	0:09:43.9	4:17.0	2	3	5	75.01%
18	27	Dale	Thompson	M	SM	CIV	0:43:47.0	0:10:40.6	4:22.7	4	4	8	72.26%
19	20	Mark	Sundbury	M	SM	OH	0:44:28.2	0:11:21.7	4:26.8	2	4	6	70.26%
20	22	Tom	Jones	M	SM	OH	0:44:32.3	0:11:25.9	4:27.2	2	1	3	70.06%
21	43	Tyler	Weyrich	M	SM	SD	0:46:06.1	0:12:59.7	4:36.6	5	2	7	65.50%
22	3	Brandon	Pulst	M	SM	ND	0:46:34.5	0:13:28.1	4:39.5	3	1	4	64.11%
23	44	Michael	Flanery	M	SM	SD	0:47:05.0	0:13:58.5	4:42.5	5	2	7	62.63%
24	46	Andrew	Yetter	M	SM	MT	0:47:13.3	0:14:06.8	4:43.3	3	3	6	62.23%
25	2	Joel	Shanight	M	SM	MT	0:47:48.4	0:14:42.0	4:46.8	4	3	7	60.52%
26	29	Chris	Edwards	M	SM	OH	0:48:08.0	0:15:01.6	4:48.8	2	4	6	59.57%
27	40	Reade	Hanson	M	SM	MN	0:48:30.5	0:15:24.1	4:51.1	5	5	10	58.47%
28	30	Leroy	Depas	M	SM	WI	0:49:41.0	0:16:34.6	4:58.1	3	4	7	55.04%
29	56	Zachary	Hauge	M	SM	SD	0:49:58.1	0:16:51.7	4:59.8	2	3	5	54.21%
30	45	Mark	Hesser	M	SM	MN	0:50:02.4	0:16:55.9	5:00.2	3	1	4	54.01%
31	49	Trent	Sinnett	M	SM	IL	0:50:50.2	0:17:43.7	5:05.0	5	4	9	51.68%

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32	21 Josh	Duda	M	SM	CIV	0:52:00.9	0:18:54.4	5:12.1	4	4	8	48.24%
33	28 Daniel	Barker	M	SM	IA	0:52:11.3	0:19:04.8	5:13.1	3	4	7	47.74%
34	10 Evan	Ingebritson	M	SM	CIV	0:52:39.1	0:19:32.6	5:15.9	4	4	8	46.39%
35	5 Eric	Peterson	M	SM	UT	0:52:44.1	0:19:37.6	5:16.4	5	5	10	46.14%
36	53 Rob	Weber	M	SM	OH	0:53:20.6	0:20:14.1	5:20.1	5	4	9	44.37%
37	34 Brandon	Jinks	M	SM	OH	0:53:44.2	0:20:37.8	5:22.4	5	5	10	43.22%
38	42 Andrew	Smith	M	SM	SD	0:54:59.4	0:21:52.9	5:29.9	4	5	9	39.56%
39	57 David	Skalicky	M	SM	ND	0:55:11.4	0:22:05.0	5:31.1	3	2	5	38.98%
40	52 John	Brown	M	SM	WI	0:55:35.1	0:22:28.7	5:33.5	4	5	9	37.83%
41	50 Tyler	Bradley	M	SM	MN	0:55:52.7	0:22:46.3	5:35.3	5	4	9	36.97%
42	39 Chester	Hahn	M	SM	IN	0:55:58.8	0:22:52.4	5:35.9	1	5	6	36.68%
43	55 Eric	Bender	M	SM	OH	0:56:02.2	0:22:55.8	5:36.2	2	3	5	36.51%
44	41 Peter	Tanis	M	SM	IL	0:58:15.5	0:25:09.1	5:49.6	5	5	10	30.03%
45	35 Adam	Walsvig	M	SM	ND	0:59:00.3	0:25:53.9	5:54.0	3	4	7	27.85%
46	37 Brian	Johnson	M	SM	OH	1:01:03.9	0:27:57.4	6:06.4	4	4	8	21.84%
47	38 Jason	Kirch	M	SM	WI	1:02:40.9	0:29:34.4	6:16.1	3	3	6	17.12%
48	47 Jon	Wutzke	M	SM	ND	1:02:44.3	0:29:37.9	6:16.4	2	4	6	16.96%
49	59 Craig	Delucio	M	SM	IN	1:02:55.1	0:29:48.6	6:17.5	4	3	7	16.43%
50	48 Brad	Rhoads	M	SM	OH	1:05:17.6	0:32:11.2	6:31.8	2	4	6	9.50%
51	51 Daniel	Long	M	SM	OH	1:07:04.8	0:33:58.4	6:42.5	3	1	4	4.29%
52	54 Matthew	McKinney	M	SM	ND	1:28:02.6	0:54:56.2	8:48.3	2	2	4	-56.87%
53	58 Joseph	Bray	M	SM	IL	1:43:49.7	1:10:43.2	10:23.0	5	2	7	-102.92%
54	36 Trevor	Winston	M	SM	IN	DNF		0:00.0	3		DNF	

Junior Mens 10K

1	33 Mike	Scharn	M	JM	SD	0:36:44.4	0:00:00.0	3:40.4	1	3	4	92.81%
2	19 CJ	Merhar	M	JM	CIV	0:37:03.7	0:00:19.3	3:42.4	2	2	4	91.87%
3	24 Cory	Conway	M	JM	CIV	0:43:24.4	0:06:40.0	4:20.4	3	3	6	73.36%

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Senior Womens 7.5 K

1	64 Michele	McVenes	F	SW	MN	0:43:58.7	0:00:00.0	4:23.9	4	5	9	106.17%
2	67 Stephanie	Lafratta	F	SW	OH	0:45:41.6	0:01:42.9	4:34.2	3	4	7	102.51%
3	65 Lauren	Ladd	F	SW	OH	0:50:56.4	0:06:57.7	5:05.6	3	4	7	91.32%
4	66 Rose	Mattie	F	SW	AZ	1:05:15.5	0:21:16.7	6:31.5	5	1	6	60.77%