

14th Annual Fall Festival Roller Ski Biathlon Races October 23 and 24, 2010 - Elk River Biathlon Range

Cost \$20 for two days of racing or \$15 for one day.

Formats Individual Format race on Saturday (15.2km/12.2km)
 Mass Start (wave start) race on Sunday (12.2km/9.8km)

Preregistration is mandatory - Please submit names and ages by Thursday, Oct 21st via email to Piotr Bednarski (mnbiathlon@aol.com) .

Novice Race: Saturday only. Cost is \$15.
All novices should arrive by 12pm on Saturday and **MUST** preregister (name, age) with Piotr Bednarski via email. Novice instruction will begin at 12pm and there will be plenty of time for practice. Novices racers must have their own roller skis (note, this is rollerski only). Rifles/ammunition and instruction will be provided.

Housing information:

AmericInn in Elk River: <http://www.americinn.com/hotels/MN/ElkRiver>

Contacts: Piotr Bednarski mnbiathlon@aol.com
 Bill Meyer wmeyer@nisswa.net

Directions: www.minnesotabiathlon.com/venues/

NOTE: There is a building at the range, but it can get rather cold if you are there for several hours. We recommend you bring plenty of warm clothes for spectating, or for post-race. There is a porta-potty in the parking lot.

Saturday, Oct 23rd- Individual Format (PSPS, time penalty)

Registration 9:30-10:30am
Zero 10:00-10:45am
Race Start 11:00am
Novice instruction and race 12:15pm

Sunday, Oct 24th- Mass Start Format (PPSS, penalty loops)

Registration 8:30 - 9:00am
Zero 9:00 - 9:45am
Race Start 10:00am
Awards 11:15 (approximately)

2010 Fall Festival Roller Ski Biathlon Race

Race Registration Form:

Name _____

Birthdate _____

Age _____

Male/Female _____

Category (circle one) Senior Male Senior Female Junior Man Junior Woman
Youth Woman Youth Man Boy(15 and under) Girl(15 and under)
Master Male Master Female Novice Male Novice Female

Address _____ City _____ State, Zip _____

Phone _____ email _____ (for results!!)

\$15 race fee for one race - \$20 for two races,

Make checks payable to Minnesota Biathlon

WAIVER AND RELEASE OF LIABILITY

Identification of Risk. I, _____, know biathlon competition, involves risks of serious injury, including permanent disability and death. I understand that these injuries might result not only from my actions, but the actions, inactions, or negligence of others.

Assumption of Risk. I agree that I am responsible for my safety while participating in this biathlon competition. I assume all risks, both known and unknown, connected with my participation.

Waiver. Being aware of the risks and willing to assume them, I waive, release, and hold Minnesota Biathlon, Boy Scouts of American, City of Elk River, Sherburne County, and their affiliate clubs, directors, officers, employees, coaches, sponsors, advertisers, and owners/lessors of used premises from all claims for liability, injury, loss, or damage connected with my participation in this biathlon competition. I intend for this waiver and release to also apply to my relatives, personal representatives, heirs, beneficiaries, next of kin, and assigns.

Insurance. I currently have, and agree to maintain throughout the time I participate, sufficient medical and accident insurance. I understand that this is my responsibility and release any one else from providing it for me.

I have read this agreement carefully, understand that I give up substantial rights by signing it, and sign it voluntarily.

Participant's signature Date _____

For participants under age 18:

I consent to the above person's participation in this biathlon competition. I acknowledge that I assume all risks, known and unknown, and waive all claims in advance.

Parent/guardian's signature Date _____